

### **WEDNESDAY NIGHT LENTEN PROGRAMS**

Please make plans to attend our Wednesday night Lenten programs beginning on Feb. 21! Fr. Bailey will be leading a series this Lent on learning “How to Love Oneself”. The second part of Jesus’ great commandment – “Love your neighbor as yourself” – is a powerful guide for how we are to shape our lives to be like God. Here at Trinity, and in many places, we do a pretty decent job of learning how to love our neighbors. But can we truly love our neighbors until we gain an understanding of how we can truly love ourselves? This is a great struggle for many, particularly when it comes to taking care of our bodies and developing a positive image for how we physically appear to ourselves. All around us – and within Trinity – there are many who struggle with age and the decline of their bodies; who feel a sense of shame because they are overweight OR underweight; who have gained an unhealthy attitude toward their sexuality; and who even harm themselves physically because of emotional and/or psychological trauma. If we believe that God literally dwells within our physical bodies, it is crucial to develop a deeper understanding and a set of tools for how we perceive ourselves and how we treat and nourish our bodies, the very vessels of God’s grace. This program will appeal to all ages, but special emphasis will be given to issues with aging and for “body image” and how we can teach our children healthy ways of understanding and embracing the spirituality and wholeness of our physical being. NURSERY WILL BE PROVIDED FOR EACH NIGHT.

The schedule will have Evening Prayer in the Church from 5:30 to 5:45; dinner from 5:45 to 6:30 in the parish hall; and the program running no later than 7:30. The dates are Feb. 21, 28, March 7, 14, and 21. **VOLUNTEERS ARE NEEDED!** First, if you are interested in leading Evening Prayer, we would like two people each week to volunteer. Please contact David Clothier [atdmclothier51@gmail.com](mailto:atdmclothier51@gmail.com) or 251-623-2359. Second, we need a number of volunteers for dinner. We need a team each week to prepare dinner; we need another team for set up; and a third team for clean-up. Brenda Howard is in charge of assembling these volunteers. If you are interested in volunteering, please contact Brenda at 459-0730 or [eeeks89tl@gmail.com](mailto:eeeks89tl@gmail.com).

**FAREWELL TO CATHY WILLIAMS** – We want to express our deepest appreciation to Cathy Williams, our Parish Secretary/Administrator, who is retiring at the end of the month after returning to Trinity in 2013 following the tornado. There will be a reception in her honor on Sunday, February 25 following the 10:30 service. We would like to offer her a purse at this reception in appreciation for her wonderful ministry with us. If you would like to donate, please send or drop a check in the offering plate with the memo stating “Cathy Williams gift”. Above all, we hope you can be here on the 25th to wish her and her husband Keith not good-bye but your love and blessing for the next chapter in their lives.

**WELCOME OUR NEW PARISH ADMINISTRATOR!** – With Cathy Williams’ retirement, we are delighted to announce that our own Br. Jacob Luke Taylor has been brought onto the office staff as our new Parish Secretary/Administrator! Jacob brings a substantial amount of clerical experience into this position, but of course, his familiarity with Trinity as a long-time member and his ministry skills also make him a great fit for this position. Jacob will be working Monday through Thursday in the office from 9 to 3. His first day will be Thursday, Feb. 15, as he will be overlapping a couple of weeks with Cathy until her last day on Feb. 27.

**NEW OFFICE HOURS** – With the staffing change mentioned above, the office hours are changing. The office will be open Monday through Thursday from 9 AM to 3 PM. We will be closed on Fridays. For those with regular business on Fridays (e.g., altar guild and flower guild), please make arrangements through Jacob or directly with Amos for access to the church on Fridays or Saturdays.