



TRINITY PARISH VISITOR

January & February 2019



TRINITY EPISCOPAL CHURCH

Established 1845

1900 Dauphin Street
Mobile, Alabama 36606
Office: (251) 473-2779
Fax: (251) 219-6398
www.trinitychurchmobile.org

OFFICE HOURS

Monday-Thursday
9:00 am–3:00 pm

HOLY EUCHARIST

Sundays 8:00 & 10:30 AM
Wednesdays 12:00 PM (Chapel)
(Nursery available on Sundays)

SUNDAY SCHOOL

9:30 am

STAFF

The Rev. Bailey Norman
(Rector)

The Rev. Terry Goff
(Deacon)

Jeremy Adcock
(Organist/Choirmaster)

Br. Jacob Luke Taylor, n/OSB
(Parish Administrator)

Kathie Wall
(Financial Secretary)

Amos Kidd
(Sexton)

Bob Peck
(Parish Archivist)

Kay Cruthirds
(Parish Nurse)

Anne Gill
(Director of Children's Ministries)

Mark McLean
(Youth Minister)

2019 ANNUAL PARISH MEETING



The 2019 Annual Parish Meeting was held on Sunday, January 13. There was one service at 9:00AM, followed by a delicious brunch prepared by the Men's Cooking Team. During the meeting, several reports were given by heads of ministry in the church including the Rector, Deacon, the Property Chair, David Arnett and the Treasurer, Martha Jones. We also heard the results of the recent Parish Survey presented by Ruth Carlson. Father Norman announced that assuming the reigns as our new Senior Warden is Anne Gill and our new Junior Warden is Pat Rodgers. Anne and Pat are succeeding Cindy Nicholason and Tom Holmes. The congregation present for the meeting voted for four new Vestry members to assume the places of those who have completed their service terms. Those elected were Mike Cadden, Bob Howard, Daphne Marcum and Carolyn Watts-Smith. Our sincerest thanks and appreciation goes to the vestry members whose term of service to Trinity on the Vestry has been completed. Those who have rolled off are Tom Holmes, Mark McLean, Cindy Nicholason and Shae Street. Copies of the annual report will be made available by request and can

be picked up in the church office. *A digital copy is currently available on the church website.*



THOSE WHO SERVE

SUNDAY, JANUARY 20

LITURGICAL COLOR: GREEN

ALTAR GUILD: Team 1
HOSPITALITY: Thomas Murray & Florence Crawford

8:00 A.M. – HOLY EUCHARIST I

SACRISTAN: Florence Crawford
LEM: Katie Finnegan
LECTOR: Tommy Murray
INTERCESSOR: Carmen Kearley
USHERS/GREETERS: Pat Rodgers, Doris Benson
OBLATIONERS: Paul & Ann McCormick

10:30 A.M. – HOLY EUCHARIST II

SACRISTAN: Brother Jacob Luke
LEMS: Tom Holmes, David Arnett
LECTORS: Elizabeth Hill, David Clothier
INTERCESSOR: John Goff
CRUCIFER: Adam Watkins
USHERS: Paige Gates, Walt Fuller, Ricky Creel, Tom Langley
OBLATIONS: Cathy & David Clothier
GREETER: Martha Fuller

SUNDAY, JANUARY 27

LITURGICAL COLOR: GREEN

ALTAR GUILD: Team 2
HOSPITALITY: Claudia & David Barr

8:00 A.M. – HOLY EUCHARIST I

SACRISTAN: Steve Flukinger
LEM: Butch Harbaugh
LECTOR: Mary Stewart Stephens
INTERCESSOR: Martha Jones
USHERS/GREETERS: Jameson White, Dana Burton
OBLATIONERS: Stacey & Bryan Pearce

10:30 A.M. – HOLY EUCHARIST II

SACRISTAN: Kay Cruthirds
LEMS: Nathan & Steve Mussell
LECTORS: Brenda Howard, Anne Gill
INTERCESSOR: Michel Nicrosi
CRUCIFER: Mallory Creel
USHERS: DG Ewing, Ben Harris, Byron Cruthirds, David Arnett
OBLATIONS: Bob & Brenda Howard
GREETER: Connie Ewing

FROM THE TREASURER

At the Annual Meeting, the Parish Treasurer, Martha Jones, offered out the annual budget for 2019. Below is the Revenue & Expense Report for month of December 2018 and also includes the total for the year.

	December 2018	
	Revenue & Expense	
Revenue	December	2018
Contributions	\$ 35,436.00	\$ 343,001.00
Other Income	\$ 2,542.00	\$ 103,075.00
HVAC Fund	\$ 6,145.00	\$ 29,274.00
Total:	\$ 44,123.00	\$ 475,350.00
Expenses		
Salaries / Benefits	\$ 1,649.00	\$ 213,655.00
Utilities	\$ 3,632.00	\$ 47,467.00
Repairs / Maintenance	\$ 769.00	\$ 9,604.00
HVAC	\$ 142.00	\$ 84,195.00
Parish Programs	\$ 7.00	\$ 931.00
Music	\$ 639.00	\$ 8,228.00
Outreach	\$ 725.00	\$ 6,453.00
Worship	\$ 1,614.00	\$ 19,222.00
Amin Expense	\$ 2,457.00	\$ 66,083.00
Total:	\$ 26,404.00	\$ 455,738.00
Net Total:	\$ 17,719.00	\$ 19,612.00

FROM THE FINANCIAL ADMINISTRATOR

Giving Envelopes for 2019 are available. If you requested envelopes at the time you pledged, the boxes are on the front table in the Parish Hall. Please pick them up.

If you have decided you would like to have a box, call or email the finance office and one will be assigned to you. Our Monday morning counter, Miss Nettie, appreciates everyone who uses the envelopes—it makes her job quicker. It does not matter if you contribute weekly, monthly, quarterly or intermittingly, we are glad to supply a box.

If you have not turned in your pledge card for 2019 or need another card, call the finance office. Reminder—our online pledge form is still “broke”. DO NOT try to use it. Please call us @473-2779 or email finance@trinitychurchmobile.org with any requests or questions.

—Kathie Wall



2019 VESTRY

OFFICERS

Anne Gill
(Senior Warden)

Pat Rodgers
(Junior Warden)

Brenda Howard
(Clerk)

Martha Jones
(Treasurer)

Ben Harris, III
(Chancellor)

MEMBERS

Bradley English
Anne Gill
Ben Harris, III
Pat Rodgers
(terms expire 2020)

David Arnett
Mary Stewart Stephens
Anna-Lisa Tessier
Jameson White
(terms expire in 2021)

Mike Cadden
Bob Howard
Daphne Marcum
Carolyn Watts-Smith
(terms expire in 2022)

PARISH HEADLINES

FOOD PANTRY NEEDS *URGENT*** – URGENT FOOD PANTRY**

NEEDS: Please help by donating 8-oz. pop-top cans of fruit, 8-oz. pop-top cans and 15-oz. cans of vegetables, Vienna sausages or small pop-top canned meats and money is always appreciated. If your family or you know of anyone that has been affected by the federal shutdown, please reach out and we will assist. Thank you!

–Carolyn Watts-Smith

ST. ANNE’S GUILD VALENTINE’S LUNCH – Saint Anne’s Guild will host a Valentine Lunch on February 14, at 11:00AM. This will be a lite lunch of salads, sandwiches, appetizers and desserts. We encourage all ladies of Trinity to bring your favorite dish and join us. Call Martha Fuller 251-716-8680 with questions.

2019 OPEN DATES FOR ALTAR FLOWERS– We have the following dates in 2019 open for anyone who would like to provide the altar flowers for a given Sunday.

26 May
29 September
24 November

Please contact Brother Jacob Luke in the Parish Office if you would like to sign up. The cost is \$75.00 and you would receive a bill for the flowers from Kathie Wall.

FAMILY PROMISE–Family Promise will be convening at All Saints’ Episcopal Church 20-27 January, 2019. If you would like to volunteer, please contact Brenda Howard at eeks89tl@gmail.com

DOMINICAN REPUBLIC MISSION BREAKFAST, FEBRUARY 3–Please make plans to come for breakfast February 3 between services at 9:00. Proceeds from this fundraising breakfast will be donated to the Dominican Republic 2019 Construction Mission’s Needs List. We are excited that Trinity will be represented this year by two couples, Mike and Laurent Cadden and Roger and Becky Vance. There will be a short presentation about the mission that morning. We look forward to seeing everyone.

–Thanks, Becky Vance

FROM THE DEACON

PROJECT HOMELESS CONNECT **JANUARY 25, 2019**

We need assistance sorting, hanging and sizing clothes and socks. There are standing and sitting jobs available. Work day times are as follows: Friday, January 18, 1-5, Saturday, January 19, 9-12, Monday, January 21, 9-5. We will load the truck at Trinity on Thursday January 24 beginning at 8:00AM and set up at the fairgrounds. The Project Homeless Connect Event is at the Fairgrounds off Zeigler Blvd., starting at 7:30 am on Friday, January 25, 2019. Come and serve all or part of the day until 2:00 pm or come to help disassemble and load the truck at 2:00 pm. All help is appreciated! Please contact Deacon Terry at (251) 656-1609 or email

her at Terrylynnngoff@yahoo.com if you have any questions or just show up to join in service to our community!



SPOTLIGHT ON MINISTRY

OFFICE VOLUNTEERS



As with any organization, there are always people who offer support to Church. Our Parish Office is richly blessed with a dedicated complement of nine volunteers who assist the office staff by giving the gifts of their talent and their time. Primarily, they answer the phone at the front desk and help to make visitors welcome with their wonderful hospitality and assist the staff. It is a wonderful ministry to the Church to have the volunteers in the office and I would like to say to each of them and great big **THANK YOU!!!** Your willingness and assistance in the Parish Office is truly invaluable. God bless each of you always.

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PARISH ANNOUNCEMENTS

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Hospitality Volunteers Needed—There is a new signup sheet through June of this year for those who would like to volunteer to provide hospitality goodies after Sunday Masses. If you'd like to volunteer, please sign up in the Parish Hall or call Brother Jacob in the church office.

2019 Construction Mission to the Dominican Republic—The Commission on World Mission of the Episcopal Diocese of the Central Gulf Coast is pleased to announce that applications for our 2019 Construction Mission to Companion Diocese of the Dominican Republic. If you have an interest in joining this rewarding mission ministry, please know that neither previous experience building furniture nor an ability to speak Spanish is necessary. Geary Gaston, our team leader, is more than happy to train anyone in the use of our construction machinery.

The mission dates are Friday, March 15 through Sunday, March 24, 2019. Applications will be available on the bulletin board across from the church office or you can just grab Roger or Becky Vance to get one. Likewise, if you have any questions, please let us know. We would love to have more Trinity people actively involved in this ministry.

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MINISTRIES AND FELLOWSHIP

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Food Pantry— Every Monday (except holidays) we open our Food Pantry ministry for those in need. These are families or individuals who for whatever reason cannot provide food for their tables. Some are homeless, and some are those who need food that does not require cooking. There is always an opportunity for parishioners to donate money or food. In particular, there is a need for bags of rice, 16-ounce cans of fruits and vegetables, 15-ounce cans of spaghetti sauce (not jars) and canned meat (chicken or tuna) for the family bags. The homeless pantry is pretty well stocked, and we have plenty of plastic bags thanks to your help! **Your donations continue to keep the Food Pantry doors open.**

Hospitality —Trinity is committed to fostering a parish of deep hospitality and fellowship within its walls for all who come to worship the Lord Jesus. Faithful parishioners provide a scrumptious assortment of goodies, coffee, assorted teas and water between the services and following the late service. All are encouraged to participate in providing hospitality and / or joining in these times of fellowship with one another.

Altar Flower Delivery—During most of the year, altar flowers are removed from the church after the 10:30 AM service each Sunday by the Flower Guild and rearranged into two or more arrangements. These flowers are taken by members of the Flower Delivery Committee to parishioners in the hospital or the sick at home, for those celebrating birthdays or anniversaries, or other occasions. As there are no flowers on the altar during Advent and Lent, there is no flower delivery during those seasons. If



LITURGICS

DID YOU KNOW?

“Liturgical Colors” in Episcopal worship signify our place in the Church Year:

WHITE, the color of Jesus’ burial garments, for Christmas, Easter, and other ‘feasts’ or festival days, as well as marriages and funerals.

PURPLE/VIOLET for Advent (or ROYAL BLUE) & Lent (or UNBLEACHED LINEN).

RED is used in Holy Week, the Day of Pentecost, and at ordinations.

GREEN is used during Epiphany and the ‘Ordinary Time’ after Pentecost Sunday.

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Source:

An Episcopal Dictionary of the Church

[https://](https://www.episcopalchurch.org/library/glossary/liturgical-colors)

www.episcopalchurch.org/library/glossary/liturgical-colors

you are interested in helping with this ministry, please call me at 470-8 646. May God bless each of you. —*Doris Benson*

Choir Rehearsals — Our wonderful parish choir has resumed rehearsals for Sunday masses. If anyone is interested in joining the choir, please contact our Organist Choirmaster Jeremy Adcock at music@trinitychurchmobile.org.

Weight Watchers — *Weight Watchers* has graciously approved Trinity as a new site for their meetings. Meetings are held each Monday at 5:30PM in the Library. Anyone who is interested in being a part of the group, please come to a meeting or contact Martha Jones.

McKemie Place Toiletry Ministry — Friends at Trinity, a belated but sincere thank you to each of you who contributed cosmetic bags and toiletries for my project for the ladies at McKemie Place. The ladies were most appreciative of your kindness. Because of the success of this project, I plan to continue it and will appreciate any contributions. Thank you again for your kindness. —*Jane Williamson*

Handicrafters — “Do you crochet? Do you knit? What about needlepoint or loom or something like it? Are you looking for a fun fellowship opportunity and conversation while working on a project? Trinity now has a handicraft group which will begin meeting on the third Friday, of each month at 2:00pm in the Parlor. If you are interested in attending, just bring your project and join the fun. Please, tell your friends and come join The Handicrafters of Trinity.”

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CHRISTIAN EDUCATION
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Bible Study — The Rector’s Wednesday morning Bible study meets at 11 a.m. each week. The current Bible topic to be discussed is the Gospel of Mark. Fr. Bailey continues to celebrate Holy Eucharist at noon in the chapel, following the Bible Study.

Education for Ministry (EFM) — Education for Ministry (EfM) is a four-year education program that is designed to help us fulfill our call to love God with all our heart and mind, and to love our neighbors as ourselves. An EfM group at Trinity meets weekly from September through May. For more information, contact David Clothier at 623-2359 or dmclothier51@gmail.com.

Catechesis of the Good Shepherd — Catechesis is a wonderful program based on the Montessori method that presents the stories of the Bible and the liturgy of our church in experiential ways. Above all, it also teaches children a sense of discerning the presence of God in everyday life and learning how to understand the sacred mysteries of God all around us. There are two atria - one is for 3K thru kindergarten, the other is for 1st through 5th grades — 9:15 on Sunday mornings. Our Level I atrium (ages 3 through Kindergarten) is in need of a weekly assistant. That group is fairly young this year and we simply need an extra set of hands. It could be sitting with a child that needs one-on-one attention, escorting a child to the restroom, or lighting some candles after a child has set the altar. We are hoping to get enough parishioners signed up so that assistants will be on duty no more than once every two months. Please contact Anne Gill at 251-599-3479 or anne.gill@comcast.net if you are interested.



SCRIPTURE

EUCCHARISTIC READINGS

JANUARY 20

Epiphany II

Isaiah 62:1-5
1 Corinthians 12:1-11
John 2:1-11
Psalm 36:5-10

JANUARY 27

Epiphany III

Nehemiah 8:1-3, 5-6, 8-10
1 Corinthians 12:12-31a
Luke 4:14-21
Psalm 19

FEBRUARY 3

Epiphany IV

Jeremiah 1:4-10
1 Corinthians 13:1-13
Luke 4:21-30
Psalm 71:1-6

FEBRUARY 10

Epiphany V

Isaiah 6:1-8, [9-13]
1 Corinthians 15:1-11
Luke 5:1-11
Psalm 138

FEBRUARY 17

Epiphany VI

Jeremiah 17:5-10
1 Corinthians 15:12-20
Luke 6:17-26
Psalm 1

THE ROSARY By Deborah Lamb



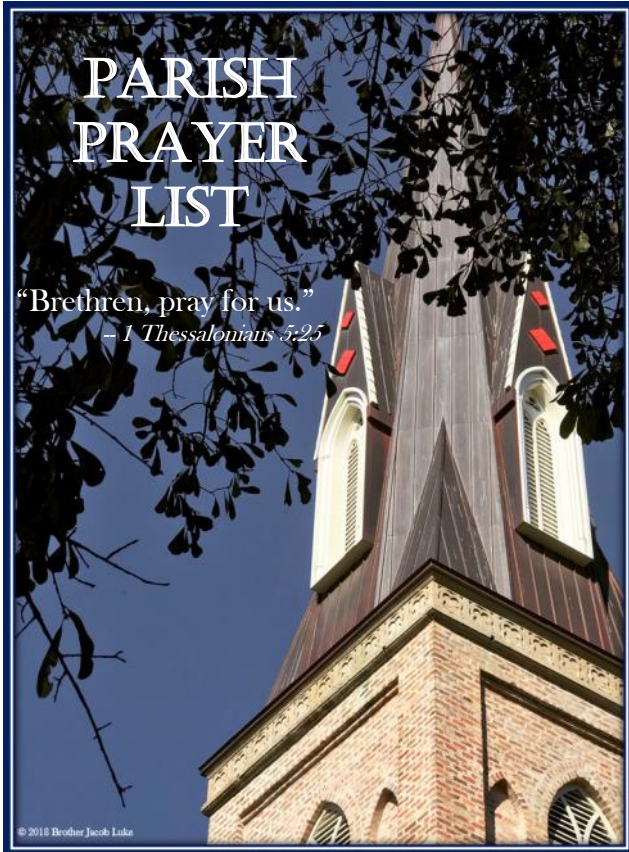
As a new member of the Episcopal Church, I was quite surprised to find out that rosaries were used, considering I had never seen anyone use them, and, for that matter, I had never heard anyone even mentioning the use of them. I found out actually by surprise. As I was preparing to become a LEM, I decided to order my prayer book/hymnal. The website I was on mentioned that I might be interested in a book on the Episcopal Rosary. (Surprise, Surprise) As I researched further, I found I could make them. I have had several ideas from making others aware of the use of the rosary and actually how to use them to further the intense intimacy with God during prayer. I also thought that it might be a good idea to teach the children of the Episcopal Church how to use the rosary as well. With that idea, I thought it might be good to present each child at their confirmation with a rosary that I would make for them free of charge. I also had the idea that the rosaries would be a way to not only educate the congregation on its use, but would also be a way to support the church. Most in-stock rosaries that I make run around \$20.00, custom made rosaries are a little more. Crosses and chains run anywhere from \$20.00 - \$30.00, depending on what you are purchasing. Saying that, I will actually donate my time to making these rosaries. I will keep the amount of the cost of materials. Everything else will be donated to the church to help pay for anything the church needs.

FROM YOUR PARISH NURSE

5 Things Everyone Should Know About Nicotine

Nicotine takes a major toll on your heart by increasing your heart rate 2 to 3 beats a minute and increases your blood pressure in the short term. Nicotine constricts blood vessels reducing the blood flow to the heart. Nicotine has a surprising impact on your brain. Nicotine is a neurotransmitter causing a natural high within 7 to 10 seconds of inhaling. As a central nervous stimulant, nicotine produces a decrease in the sensation of pain. Furthermore, nicotine changes nerve signals that control physical actions, behavioral control and memory. Certain smells can trigger a craving for a cigarette. Nicotine is not just found in cigarettes. In fact, e-cigarettes, hookahs, pipes, and all have just as much nicotine, if not more. Smoking a hookah can give a person more nicotine than a cigarette. Tobacco dip and snuff actually have more nicotine than cigarettes—a lot more. The biggest reason many people turn to tobacco products is stress. Other reasons that people may turn to tobacco products are social situations, weight loss, enjoyment, and boredom. To be successful, working with others will improve your quitting odds. Instead of taking a cold-turkey quitting route or seeking self-help routes, talk with a health care provider. Your health care provider can offer support, advice and expertise you will need to have better quitting success rates.

—Kay Cruthirds, RN,MSN, FCN



We should all pray for one another without ceasing. The prayers of one person for another is a beautiful gift. Prayers of intercession are understood as prayers that “brings before God the needs of others” (BCP, *Catechism*, 857). The Trinity Parish Prayer List is below. Please take a few moments and remember your brothers and sisters in Christ in prayer.



CATECHISM CORNER

We ask your prayers for these members of our Parish Family:

Phyllis Creel, Sig Gustavson, Roger Vance, Jessie Beaty, Nancy Arnett, Graham Loper, Margaret Platt, Rev. Terry Wysong, Nettie Robertson, Ricky Creel, Deborah Lamb, Laney Lau, Terry Strickland, Shae Street, Cindy Nicholason, Bill Duhé, Brenda Howard, Katherine Galanos Vickers, Juanita Faith, Janelle Odom, John McLean, Kerry Senne Logan, Heather Loper, Cristi Curenton, Bootsie Laffre, Gay Price, Libby Powell, Dottie Gill, Vickie McCormick, Sara Spottswood, Ruth Wimberly, Catherine Hall, the Diocese of the Dominican Republic, and St. George’s Baghdad.

Also keep in your prayers: Julie McKinnel, Wanda DiMario, Janet Hartlove, June Williams, John Stevens, Kendall Jeanminette, Helen Ramsey, Ed Ferninay, Jimmy Boothe, Robert Durrant, Marsha Parham Butler, The Helmer Family, Leigh Jackson, Steve Miller, Lawton, Pree Middleton, Rick Miller, Karen Andrews, The Rev. Edward Scully

For the departed:

And for those currently serving in the Armed Forces: Owen Taylor, Jennings DePriest, Travis Amsbaugh, Matthew Anderson, Arielle Weaver, Thomas Ishee, Noah Weaver, Jacob Corbett, Scott Rye, Kevin O’Rourke, and Charles Allen.

Q. What is the mission of the Church?

A. *The mission of the Church is to restore all people to unity with God and each other in Christ.*

Q. How does the church pursue its mission?

A. *The church pursues its mission as it prays and worships, proclaims the Gospel, and promotes justice, peace, and love.*

Q. Through whom does the Church carry out its mission?

A. *The church carries out its mission through the ministry of all its members.*

—The Book of Common Prayer, 855

Each edition of *The Parish Visitor* features a question and answer from the “An Outline of Faith, commonly called the Catechism.” It is a good and joyful thing to remind ourselves from time to time of the beliefs and values we hold dear as members of the Episcopal Church.



TRINITY PARISH VISITOR

UPCOMING EVENTS

January 25

Project Homeless Connect (Fairgrounds)

February 3

Dominican Republic Benefit Breakfast (Irving Hall)

February 14

Saint Anne's Guild Valentine's Day Luncheon (Irving Hall)

Trinity Episcopal Church
P.O. Box 6176 Mobile,
Alabama 36660-0176

Return Service Requested